

Internet Resources for Bereaved Parents

Bereaved Parents USA (BPUSA)

The National website where you can click on Chapters and find your state and a Chapter close to you.

www.bereavedparentsusa.org

Support Groups on the National Site:

http://www.bereavedparentsusa.org/BP_Resources.htm

Arkansas Grief Support Groups

<http://www.archildrens.org/Services/Center-for-Good-Mourning/Support-Groups/Support-Groups-in-Arkansas.aspx>

Conway Arkansas Grief Support Groups

- **Beacon of Hope**

For anyone who has experienced the death of a loved one
1115 College Avenue
Conway, AR 72032

Kathy Kordsmeier 501-269-1998 501-269-1998

- **Bereaved Parents of the USA - Conway Chapter**

For parents who have lost a child of any age.
Meets fourth Monday of every month, 5:30PM-7:30PM
First United Methodist Church
1610 Prince Street, 2nd Floor - Room 217
Conway, AR 72034
Elaine Holmes 501-205-8417 501-205-8417
elainehoward2008@gmail.com
www.bpusa-conwayar.com

- **GriefShare**

Thirteen-week program offered twice a year, usually Wednesdays 6:30PM-8:00PM
Antioch Baptist Church
150 Amity Road
Conway, AR 72032
Randy Anderson 501-329-5153 or 501-329-5153
www.griefshare.com

- **Hospice Home Care**

Meets first and last Tuesday of every month, 5:15PM
821A North Creek Drive
Conway, AR 72034
Kathy Marsden 501-336-9172 501-336-9172
1-800-479-8233 1-800-479-8233
www.hospicehomecare.com

- **New Day Bereavement Group**

Nine week program offered in early January, mid March, and early September
St. Joseph's Health Center Conway, AR Sister Liz Koehler 501-622-4113 501-622-4113

- **Transitions Grief Support Group**

A community service of Arkansas Hospice
Meets third Tuesday of every month at 10AM.
Arkansas Hospice
1014 Markham, Suite 1
Conway, AR
Carol Fitch 501-328-5400 or 501-328-5400

Central Arkansas Grief Support Groups - Little Rock

- **Bereaved Parents of the USA - Central Arkansas Chapter**

For parents who have had a child die of any age
Meets third Monday of every month, 7:00PM-9:00PM
First Church of the Nazarene, Fellowship Hall
1200 N. Mississippi
Little Rock, AR 72207
Debby and Kevin Hunsaker 501-847-4102 501-847-4102

Chapter phone 501-944-9007 501-944-9007
kevdeb91@aol.com
www.bpusa-centralar.com

- **Baptist Health Hospice**

Meets third Thursday of every month
11900 Colonel Glenn Road
Little Rock, AR 72210
501-202-7474 501-202-7474

- **Good Mourning Grief Support Groups for Children and Parents**

Eight week program for children Pre-K through high school offered in the spring and fall of each year.
Optional group for parents and caregivers of participants.
Center for Good Mourning, Arkansas Children's Hospital
East Campus, 1621 W. 10th Street
Little Rock, AR 72202
Greg Adams 501-364-7000 501-364-7000
www.goodmourningcenter.org
goodmourning@archildrens.org

- **Grief Recovery Support Group**

GriefShare curriculum, which has a Christian perspective: www.griefshare.org
B.I.G. Love Cancer Care and Grief Support Services
Ozark Building
10201 West Markham, Suite 211
Little Rock, AR 72205
501-954-7976 501-954-7976 sarah@biglovecancercare.org www.biglovecancercare.org

- **Griefshare**

Thirteen-week program offered twice a year, usually Mondays 6:45PM-8:30PM
Fellowship Bible Church
1401 Kirk Road
Little Rock, AR 72223
501-224-7171 501-224-7171

- **Hospice Home Care**

January - Tuesdays 5:30 to 7:00pm
February - Wednesdays 11:30am to 1:00pm
March - Tuesdays 5:30 to 7:00pm
April - Wednesdays 11:30am to 1:00pm
May - Tuesdays 5:30 to 7:00pm
June - Wednesdays 11:30am to 1:00pm
July - Tuesdays 5:30 to 7:00pm
August - Wednesdays 11:30am to 1:00pm
September - Tuesdays 5:30 to 7:00pm
October - Wednesdays 11:30am to 1:00pm
November - Tuesdays 5:30 to 7:00pm

** Contact for date of special December Coping with the Holidays session**

Little Rock Inpatient Care Center
2200 South Bowman Road
Little Rock, AR 72211
501-221-3338 501-221-3338
1-800-479-4478 1-800-479-4478
www.hospicehomecare.com

- **Journey**

For bereaved parents with a perinatal death--from conception to 28 days after birth
Call for time and location
St. Vincent Doctors Hospital
6101 St. Vincent Circle
Little Rock, AR 72205
Lynette Spruiell 501-831-7707 501-831-7707

- **Kaleidoscope Grief Center Children's Bereavement Programs**

For ages 5-18. Kids Can Cope Grief Sessions
Please call for meeting times and location
501-978-5437 501-978-5437
1-877-357-5437 1-877-357-5437

www.kaleidoscopekids.org
New children are always welcomed.

- **Parents of Murdered Children and Other Survivors of Homicide Victims**

Meets on second Tuesday of every month, 6:30PM
Arkansas Farm Sales Building
916 Garland Street
Little Rock, AR 72201
Rhonda Henshaw 501-851-6295 501-851-6295
501-258-5793 501-258-5793
1-888-816-7662 1-888-816-7662 (National)

- **SHARE**

For losses of miscarriage, stillbirth, infant death, and ectopic pregnancy
Meets fourth Thursday of each month (except Nov. and Dec.), 7:30PM-9:30PM
Baptist Health Medical Center
9601 Interstate 630, Exit 7
Little Rock, AR 72205
501-202-1717 501-202-1717
1-800-455-7760 1-800-455-7760

- **Walking the Mourner's Path (St. Margaret's Episcopal)**

Has significant religious content
Call Joanna Seibert for schedule. Eight weekly sessions with sliding scale fee for participation
St. Margaret's Episcopal Church
20900 Chenal Parkway
Little Rock, AR 72223

Joanna Seibert (501) 753-4281 (501) 753-4281
www.stmargaretschurch.org

- **Walking the Mourner's Path (St. Mark's Episcopal)**

Has significant religious content
Call Joanna Seibert for schedule. Eight weekly sessions with sliding scale fee for participation
St. Mark's Episcopal Church
1000 North Mississippi
Little Rock, AR 72207
Joanna Seibert (501) 753-4281 (501) 753-4281
www.st-marks.com

- **Walking the Mourner's Path**

Has significant religious content
Call Joanna Seibert for schedule. Eight weekly sessions with sliding scale fee for participation
Christ Church Little Rock
509 Scott Street

Little Rock, AR 72201 Joanna Seibert (501) 753-4281 (501) 753-4281
www.christchurchlr.org

Grief Support Groups For Other Cities in Arkansas

<http://www.archildrens.org/Services/Center-for-Good-Mourning/Support-Groups/Support-Groups-in-Arkansas.aspx#littlerock>

Other Grief Support Groups throughout the World

A Child of Mine (online Support)

<http://www.achildofmine.co.uk/>

Open to Hope (On-line Support)

Inspirational stories, radio programs, & videos offering support for bereaved seeking hope.
Their new book, "Open to Hope," is available on their website.
The companion book, "Hope for the Holidays," is also an excellent resource.

www.OpenToHope.com

Centering Corporation

Grief Resource Center & On-line Book Store. The Grief Digest Magazine is available in hard copy and on-line.

www.centering.org

S.O.S Survivors of Suicide

Become friends on Facebook. Carol from Coeur d'Alene has created this Face book page. Inspired to honor her son, Alfie, but more importantly to bring peace & grace to those whose lives have been affected by suicide.

<https://www.facebook.com/pages/SOS-Survivors-of-Suicide/217550051674446>

Grief Toolbox

A place to find tools for your journey...Articles, artwork, support groups, and books.

www.GriefToolbox.com

Grieving Dads Project

Committed to helping grieving dads. Read Kelly Farley's blog for grieving dads. Share your story as you interact with others who join in the conversation.

www.GrievingDads.com

Alive Alone, Inc.

Bi-monthly periodical for bereaved parents with no surviving children.

www.alivealone.org

The Worst Day Club

Founded by Desiree Aguirre

<http://bereavedparents.blogspot.com/>

GRASP (Grief Recovery after a Substance Passing)

www.grasphelp.org

Keisha's Blog (Member of Conway Arkansas chapter)

<https://keishayb.wordpress.com/>

Arkansas Children's Hospital Good Mourning Program

List of support groups of all types by cities in Arkansas.

This site has many different support groups for many different types of grief and mourning.

<http://www.archildrens.org/Services/Center-for-Good-Mourning/>

St. Vincent Perinatal Bereavement Program

This program gives intense supportive care to families after a miscarriage, stillbirth or infant death. Each year, about 400 families are comforted through this program.

<https://www.stvincenthealth.com/pregnancyloss/index.html>

Kaleidoscope Kids

Kaleidoscope Grief Center Children's Grief Programs.

(A Methodist Family Health Program)

For ages 5-18 and their families.

<http://www.kaleidoscopekids.org/>

SUDC Program : Sudden Unexplained Death in Childhood

"Sudden Unexplained Death In Childhood (SUDC) is the sudden and unexpected death of a child over the age of 12 months, which remains unexplained after a thorough case investigation is conducted." (Krous et al. 2005)

<http://www.sudc.org/>

The Miss Foundation

The MISS Foundation is an international 501(c)3, volunteer based organization providing C.A.R.E. [counseling, advocacy, research, and education] services to families experiencing the death of a child.

<http://www.missfoundation.org/>

Grieving for Babies .org

Grieving for Babies guides families and professionals towards understanding grief caused by the death of a baby during pregnancy, at birth, and after the first few months of life.

<http://grievingforbabies.org/>

Miscarriage: Pregnancy Loss

<http://www.miscarriageassociation.org.uk/>

Baby Steps

BabySteps is named after the baby steps that form the long and difficult road to recovery from the loss of a child. No parent, relative or friend is immune from the pain that results from the loss of a young loved one.

<http://www.babysteps.com/index.html>

Share

Share Pregnancy and Infant Loss Support

<http://www.nationalshare.org/>

Grief and Loss Site

(Scoop It)

Very good site with stories and pictures and hope.

Websites and Blogs about grief and loss of a child.

Scoop It allows anyone to add their pictures, stories, etc.

<http://www.scoop.it/t/grief-and-loss>